



# PAIN CLINIC

BACK & NECK PAIN ARE NOT NORMAL!

HEADACHES ARE NOT NORMAL!

YOU DONT HAVE TO LIVE WITH PAIN!



PAIN MANAGEMENT CLINIC NOW OPEN

A NEW CLINICALLY PROVEN INTEGRATED  
APPROACH TO MANAGING ALL TYPES OF  
PAIN PRESENTATIONS

LEARN HOW TO UNDERSTAND, REDUCE  
AND MANAGE YOUR PAIN

PH: 43245668



# PAIN CLINIC

## How does it work?

The pain clinic is the newest of its kind on the central coast. It operates on a frame work of integrated, evidence based care.

A thorough medical and physical examination will take place by your Physiotherapist and GP.

Your treatment provider will discuss these findings with you and work with you to formulate an individualised treatment plan.

This may involve the use of cutting edge neuroscience methodology.

Your pain management team will meet regularly to discuss treatment goals, progression and any necessary component of your pain management plan necessary to help assure you achieve your goals. This may be Physiotherapist, GP, Exercise Physiologist and /or Psychologist.

## Who is it suitable for?

Any acute or chronic pain condition.

Back and neck pain

Headaches

Joint pain

Pelvic pain

Work related injuries

All ages

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